



# Tranquil by Nature News

Spring/Summer 2008



## News Highlights:

### New Treatments!

Manicures and pedicures

### £5 discount!

On manicures and pedicures!

### Natural Facials

Coming soon!

## Treatments



- Deep Tissue/ Sports Massage
- Relaxation Massage
- Aromatherapy
- Indian Head Massage
- Pregnancy & Baby Massage
- Aroma Face Lift Massage
- Hopi Ear Candles
- Reiki
- Manicures & Pedicures
- On-Site Massage

## Opening Times

Mon to Wed in Bramley  
10am – 7pm  
Thursday at Beauty Box  
11am – 7pm  
Friday in Bramley  
10am – 5pm

## Contact Details

### Phone

01256 88085  
07725 055369

### E-Mail

anna@tranquilbynature.co.uk

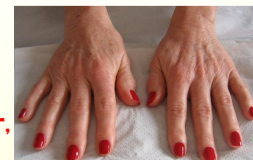
### Web site

www.tranquilbynature.co.uk



## Get ready for summer with a Manicure & Pedicure!

Now summer seems to be on its way, what better ways to prepare than have a manicure and pedicure! Basic manicures are just £12.50 for a shape and polish, £17.50 for a Classic Manicure with cuticle tidy, while a Thermal Deluxe manicure with heated mitts is £21.50. Basic pedicures are just £12.50 for a shape and polish (but you must arrive with clean feet!), Classic Pedicure with cuticle tidy and foot spa is £18.50; while a Thermal Deluxe pedicure with 'heated booties' is £23.50. If you start now and **use your £5 discount offer**, your poor winter-neglected fingers and toes will be ready to add the finishing touches to all your summer outfits!



## Gentlemen – don't miss out!

Manicures and pedicures aren't just for the ladies! Men can also have them but without the polish! Well manicured nails can finish the 'look' for the businessman or the man who likes to look well-groomed – there is nothing worse than having bitten and dirty nails in that all-important meeting or date! Feet are the most neglected part by men, who often 'hack' at the nail with clippers leaving a ragged edge that looks just 'urgh'! So go on, treat yourself to some much needed TLC and notice the difference it makes to your look! Prices approx. £2 less than above as you won't be having polish!



## Natural Facials coming soon!

Are you interested in natural, organic, chemical-free facials that are kind to the environment and don't use animal ingredients (or testing on animals)? Then look no further!



I am in the process of developing a range of chemical free, organic facials that use non-animal based collagen alongside my own range of luxury facial oils, (plus the odd portion of avocado and oatmeal!) which means you will be able to experience some of the most natural facial treatments in the area! So if you are looking for a facial that won't 'cost the earth' then check my website for more details to appear soon!

## Gift Vouchers online!

You can now buy gift vouchers online! Go to [www.tranquilbynature.co.uk](http://www.tranquilbynature.co.uk) and select the voucher you want then simply pay through PayPal. You don't even need a PayPal account to do this – simply enter your debit or credit card details and that's another present sorted!

## Forward to friends!

Why not forward this newsletter to friends and they can take advantage of the £5 discount offer too! They can also subscribe themselves by sending an email with "Subscribe" as the subject to: [anna@tranquilbynature.co.uk](mailto:anna@tranquilbynature.co.uk) or visit [www.tranquilbynature.co.uk](http://www.tranquilbynature.co.uk) and click on the "Newsletter!" tab.

## £5 Discount Offer!

Book any manicure or pedicure and get £5 off! Cut out this coupon to claim your discount! This offer is valid until 31st August 2008.

(Manicures & pedicure appointments are only available in Bramley. Only one discount per person; cannot be used with any other offers or gift vouchers; discount not for mobile appointments)